

Program Schedule as of 7-31-08

KOWS 107.3 FM

	Monday	Tuesday	Wednesday	Thursday	Friday
6 AM	KOWS Music Mix				
7 AM	Rick Wizard <i>Golden Dawn</i> (variety)	KOWS Music Mix	KOWS Music Mix	Rise & Shine Radio (variety)	Instant Karma (variety)
8 AM					
9 AM		Dharma Radio	Synergy (talk)	Dream Talk Radio	The Spoken Word
10 AM	Hugh Slesinger <i>Blue Monday</i> (music)		Mary Sheila (music)	KOWS Music Mix	Mostly Music
11 AM		From Bebop to Boogie & Beyond	KOWS Music Mix	Dances With Cows: Moo-mix	Feisty Feisty (music)
NOON	Courtney <i>Monday Mixtape</i>				Provocateurs (music) wks 1 & 3
1 PM		The Alchemy Lab (music & poetry)	Commanders of the Airwaves (music) wks 2 & 4	Musicand	KOWS Music Mix
2 PM	Stephen Gross <i>Mystery Train</i> (music)				KOWS Music Mix
3 PM		Rock It			Ailanthus (music & poetry)
4 PM	KOWS Music Mix		Kids Power Hour	Sonoma County Homegrown wks 1 & 3	Down Home Music wk 2
5 PM	Terra Nova (talk)	The Eleventh Hour (talk)	KOWS Music Mix	Story Hour wks 1 & 3	Book Flaps week 4
6 PM	Sun Bell <i>The Sunnyside</i> (music & talk)	Clear Channel Detox wks 1 & 3			Magnum Mysterium wks 1 & 3
7 PM		Voices and Vision wks 2 & 4	Inside Out (music & interviews)	Francesco (music) wks 1 & 3	Whatever (music) wks 2 & 4
8 PM	KOWS Music Mix	Teresa Tudury (music & talk)			Tommy's Holiday (music)
9 PM	Lawrence Alberti <i>Bohemian Highway</i> (music)		Ron Larson: Jazz	Reggae Round-Up	
10 PM			Bridges (music)		Miss Annie's (music)
11 PM				Blues After Midnight	
12 AM	Late Night With Lindsay	Cool and Unusual (music 'til 2 AM)			
1 AM			KOWS Music Mix	KOWS Music Mix	
2 AM	KOWS Music Mix				KOWS Music Mix